

Five Alive

May, 2004

The Newsletter of the South Central Region WOCN

South Central Region WOCN

Hear Ye! Hear Ye!
The SCR Website has been launched!
Details inside!

President's Message



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To the members of the South Central Region, this message comes to you with no research, no pre-planning, or lengthy preparation. It comes to you with heart, love, and respect. We are an amazing group. Do you realize that? I am not sure that we do. And if we do, we do not tout ourselves often enough, loudly enough or broadly enough. We have an impressive body of knowledge. Who knows it? I know many of you are thinking, "Who should we tell and why?" We are not supposed to "*brag*" about what we do. Especially here in the South (yes, I am Yankee at birth despite my almost 20 years in Houston) it seems, one should not be too forward or aggressive. I say...Bull. For all of you that are offended, I apologize. But we need to put out there for all to see all that we are, all that we do, all that we know and that we can be individually and collectively. Has anyone out there besides me watched any of those late night commercials and thought, Rats! I could have come up with that! Or-I could have done that better. My question is why don't we? In recent years, we have done some really good things that were nationally noticed. The UOA association remains

strong with the SCR and WOCN greatly due to Jan's initiative, and now she is a UOA national director. The idea of a new conference attendee's guide to national conference was born at a Board meeting at Janet Davis's house was such a hit that National picked it up and produces it on their own now. The SCR has financially and verbally supported foot and nail certification. But we cannot rest on our laurels. I learned at NIWI that great things begin at the ground level. Y-O-U are the ground level. Knowing what we have and what we do with what we have is vital. Although we have a credible past, where do we go from here? So here is your assignment. I would like to hear from all of you—what do we have to offer? What are our natural resources? Who is our target audience and what product can we offer them? No matter how remote you are, or how busy your life or practice is, you have something to offer. I am excited to announce the website is coming along nicely, and you can use it to turn in your assignment to one of the members of the SCR Council. Let us know about a project you've worked on. (cont. page 2)

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President's Message (cont.)

Give us ideas how we can mentor our own members. Give up the goods on someone you know! Think like Martha Stewart and tell us about the "Good Things" that have gone on in your practice-what about an educational tool that you created or need. We desperately need committee members. We need people who are willing to donate a little time to work on a project. We need great ideas to begin to work toward. This is your opportunity to impact the profession we love locally, regionally, and nationally. Don't make me call you!

I wish you all good things!

Kathy Murphy, President, SCR

CALLING ON WOCN NURSES

Elections are approaching!

This year's elections have to position of President, Treasurer, and Nominations Chair. There are also appointed positions to Bylaws.

If you are interested in running for office, please either e-mail me or the person that holds the position you are interested in.

Thank you!

Catherine Short, Nominations Chair

SCR Spotlight: Kathleen M. McLane, RN, MSN, PNP, CWOCN

If you were to look up “inspiration” on the net or in Webster’s, you would find Kathy McLane, this newsletter’s Spotlight ET. Kathleen is employed at Texas Children’s Hospital (TCH) in Houston, TX. Kathy and her husband, Pat, have 2 children, Lauren, age 5, and Luke, age 1. (This smacks of entirely too much soap opera exposure during her teenage years if you ask me!). Though Lauren and Luke are native Houstonians, Kathy and Pat hail from Detroit, Michigan.

Kathy has devoted her professional career to the care of pediatric patients. She received her Bachelors degree in Nursing from Oakland University in 1988, and in 1991, finished her masters at Wayne State University. Kathy worked at Williams Beaumont Hospital in Detroit, while working toward both degrees. In 1990, a summer stint as a travel nurse brought her to TCH. She has used her skills as a CNS on the adolescent medicine and pulmonary care

units, and also served as a unit manager.

When TCH searched for “ET’s” in the mid-90’s, Kathy pursued this by successfully completing the ETNEP at UTMDACC in 1996. Kathy continually seeks to improve the realm and broaden the knowledge of the pediatric medical and nursing world in WOC care. She initiated, produced, and published a research study with Thomas Krouskop, PhD, in 1999, entitled Assessing Interface Pressure in Healthy Pediatric Patients. In 2001, Kathy again submitted an IRB to study interface pressures in critically ill pediatric patients with Dr. Krouskop. (continued page 5)

In Memory of Ermilina Villegas

It is with a sense of great loss that we report the death of Ernie Villegas, RN, BSN, CWOCN. Ernie passed suddenly on Sunday, February 22, 2004, after under going a minor surgery. She was a great asset to the WOCN profession and will be greatly missed by all of her friends and colleagues. The Dallas/ Fort Worth Area WOCN groups made a donation to the SCR in her memory to the education fund.

Submitted by: Kimberly Stallo, PR

Open Letter to the WOC(ET) Nurse:

Thank you for your commitment to the ostomy patient and to the mission of the United Ostomy Association. Together, we have been able to help new ostomates return to a full productive life after having ostomy or related surgery. UOA needs your help to maintain and strengthen its outreach program.

Patient Referrals

Chapters are reporting a noticeable decline in their contacts with new ostomates. We know that patient referrals have decreased due to shorter hospital stays, loss of some hospital-based WOCNs and HIPAA. Many times a face-to-face visit is not possible; however, telephone visits can be made and referrals to the local chapter will provide long-term support for the ostomate and their families. Please continue to offer all new patients the opportunity to “make a connection” with others who have had ostomy or related surgery.

Non-Affiliated Support Groups

Non-affiliated support groups are being organized in areas where there are no local chapters. UOA would like to help promote this activity and post support group’s contact information on the UOA Website (www.uoa.org). If you are aware of any support groups in your area, please send me the name of the group, location, and contact name and telephone number.

Thanks again for your help in reaching the new ostomy patient with information about UOA and its support services.

Bobbie Brewer, Chairman Field Service Program
770-952-4906
gbrew@mindspring.com

It's Official: SCR Live on the Web!!

**The innovation of the SCR website is here!
If you have not yet surfed the site, you are missing
the latest SCR and National updates!**

Mary Surman, our webpage master, has been hard at work designing and engineering the site with the expertise of her husband, Mike. During the month of May, update #3 was launched. Included now are job opportunity postings, call for nominations, and a link on the Membership page to the National WOCN Membership page.

If you would like to see the traffic the site has developed, check out the web statistics being logged at www.scrwocn.org/stats/stats.htm.

The website has a newsletter portal. The December edition and this edition can both be accessed via Adobe Acrobat format.

There will be one last newsletter mailing in early July. Then, we will be live exclusively on the web for upcoming news!

Please contact Tammi Short ettammi@aol.com, 903-297-2560 or
Mary Surman msurman@ololrnc.com 225-765-8729
with any questions or feedback.

SCR Spotlight (cont.)

Due to mechanical difficulties, the study was stopped. Kathy has pursued completion of the "second phase" of her initial study by finding and implementing a new measuring device for study use, re-evaluating the patient assessment tool, and submitting another IRB.

She shares her pediatric knowledge and expertise with others freely. She lectures at MDACC's WOCNEP program, precepts students, and teaches when requested. She is a member of the Pediatric Subcommittee of the WOCN's Clinical Practice Committee. She and her associates at TCH completed a prevalence study in 2003. She spearheaded this benchmarking study which ultimately lead included 12 children's hospitals across the US. Look for another poster presentation at National Conference this year.

Why inspirational? Kathy's eldest child was born January 1999, and 6 weeks later, Kathy was diagnosed with leukemia. Since her remission, Kathy and Pat have been very active in **CanCare**- a group of cancer survivors who mentor and support cancer patients through their diagnosis and treatment. She speaks on behalf of **CanCare**, teaches religious education at her church and serves as editor of a newsletter on child and infant care for her church as well.

It is an honor to know, work with, and be her friend. What a fantastic asset Kathy is to our region! Please join me in saying, "well done", and how proud we are to have Kathy as a member of the SCR.

Respectfully submitted, Kathleen M. Murphy, President

Job Opportunities for WOCNs!!!

Austin, TX: Seton Healthcare Network is a not-for-profit organization of Central Texas including 8 hospitals, several community clinics, and a home care/hospice. MAGNET-designated 2002—4 hospitals. Currently have an opening for a WOCN Certified Nurse. The role of the WOCN is to primarily serve patients with ostomies, fistulas, and wound care needs. Practice is collaborative with the physical therapy depts. at each hospital. Contact info.: Mary Viney, RN, MSN, Director: Mviney@seton.org, (office) 512-324-4046, (pager) 512-624-1456; Karen Hollis, RN, BSN, COCN, CWCN, Lead WOCN: Khollis@seton.org, (office) 512-324-1053, (pager) 512-604-3010.

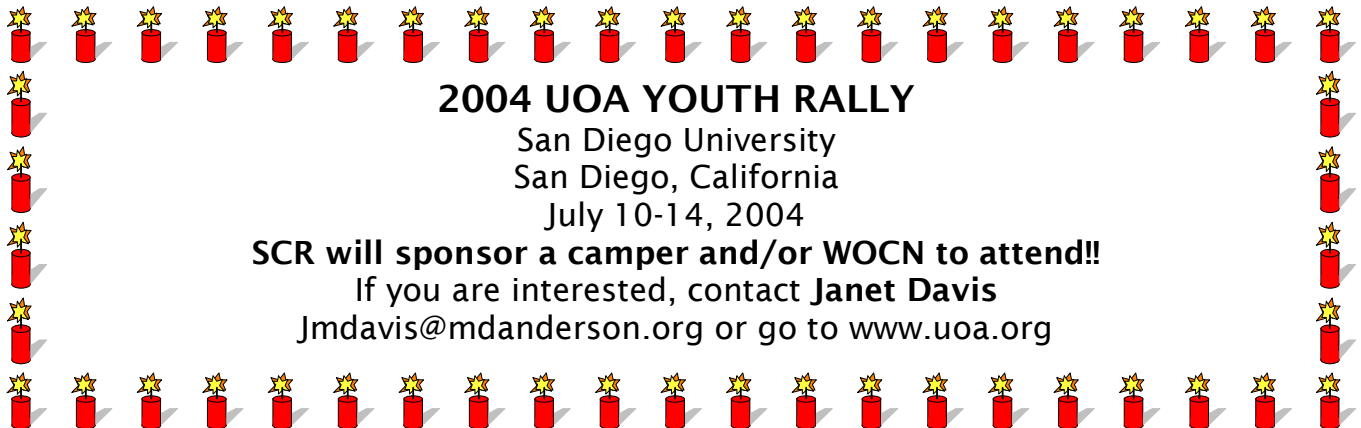
Houston, TX: The Methodist Hospital corporation is a nonprofit, MAGNET-designated health care organization in the heart of the world-renowned Texas Medical Center. The Center for Professional Excellence ET Team is currently seeking a WOCN Certified Nurse to be Clinical Resource, Teacher, and Consultant to the nursing staff for patients with fistulas, ostomies, drainage tubes, and pressure ulcers (Stage III and IV). Contact info.: Miriam Munguia, Recruiter, mmunguia@tmh.tmc.edu, Office 713-441-1806 or toll free 1-800-575-6877 ext. 11806.

Location TBA: Coloplast, North America seeking a **Clinical Project Coordinator** to support the Ostomy Specialist Initiative. The successful candidate will work closely with the sales organization in their region, developing key relationships with WOCN nurses through educational programs and support. They will assist in increasing the visibility of ostomy products within hospitals, long-term care facilities, and the end-user. Contact info: Diane Westmore Bowen, Office 770-979-5673 or Cell 678-640-6935, bowe5673@bellsouth.net.

Norman, OK: Norman Regional Hospital is seeking to hire a "Wound & Ostomy Registered Nurse" - qualifications to include BSN, graduation from a WOCN Society accredited program, 2 yrs. previous RN nursing experience required, experience as a WOCN required, certification as a WOCN preferred, current Oklahoma RN license required. Schedule: Mon.-Fri./8-5/some off shifts with support groups. Contact info.: Sue Nicholson, RN, Nurse Recruiter, Norman Regional Hospital, 405-307-1591, snicholson@nrh-ok.com; www.normanregional.com.

Clear Lake, TX: Cornerstone Hospital of Houston is seeking a full-time WOCN with at least 2 years wound care experience. Contact info: 709 E. Medical Center Blvd. Webster, Tx. 77598, 281-332-3322, or fax resume to 713-551-5673.

Portland, Oregon WOCN : I am a recruiter specializing in healthcare placement. This is an excellent opportunity for a WOCN with one of the premier healthcare providers in the Pacific Northwest. This is a hospital-based position for an individual with a hospital background. Interviews have begun, so please respond within a day or two of reading this and feel free to attach your resume. I will not present your resume without your verbal permission after we talk on the phone. If you know someone who might be interested in hearing about this opportunity or someone whom I can contact, I'd appreciate an e-mail or phone call. If anyone is interested in positions elsewhere in the USA, please let me know.—Lynn Dotson, Horizon Associates, Toll free: 877-806-7019.



2004 UOA YOUTH RALLY
 San Diego University
 San Diego, California
 July 10-14, 2004

SCR will sponsor a camper and/or WOCN to attend!!
 If you are interested, contact **Janet Davis**
Jmdavis@mdanderson.org or go to www.uoa.org

IMMERSE YOURSELF
Relax - Retain - Rejuvenate

30th Annual SCR WOCN Conference
Hot Springs, Arkansas
OCTOBER 14-16, 2004
Convention Center and Embassy Suites Hotel

Registration brochure and more details coming to you in June!

Events:

14th - Auction dinner
15th - free evening

Topics include : Pressure Ulcer Litigation

How to get Published
Stress Incontinence
WOCN Survival Skills
Albumin : Useful or Useless?

For more information contact Charlotte Martin at cmartin@wregional.com

**Review Course For
CWOCN Certification**

**The University of Texas MD
Anderson Cancer Center**

**1-day program provides didactic
content based on Wound,
Ostomy, and
Continance criteria used for the
WOCN National
Certification Examination.**

Registration Fee \$150.00

Please contact
Shirley Woolems at
713-745-0219 or 713-745-0216
swoolems@mdanderson.org
for future offerings.



**Sneak Peek to SCR
Regional Conference 2005**

**Join us for a
cruise WOCN Style!**

**Depart from Galveston bay
where 4 days of conference
fun await you.**

**Look for more details to
come!**

**South Central Region
WOCN**

SCR WOCN
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Wound, Ostomy, Continance Education Programs

**The University of Texas M.D.
Anderson Cancer Center Wound,
Ostomy, Continance Nurse Education
Program (WOCNEP)**

UT M.D. Anderson Cancer Center
Attn.: Shirley Woolems (Unit 163)
1515 Holcombe Blvd., Houston, TX
77030-4009

Phone: (713) 745-0219/745-0216
Fax: (713) 745-0025

E-mail: swoolems@mdanderson.org or
cbellis@mdanderson.org

Program Director: Coni Ellis, MS, RN,
OCN, CWOCN; Program Co-Director:
Janet M. Davis, MSN, RN, APRN-BC,
CWOCN

8-Week Traditional Programs: **2004:**
1/12/04; 3/22/04; 9/13/04. **2005:**
1/10/05; 3/21/05; 9/12/05.

4-Week On-Site Houston Didactic/4-Week
Off-Site Clinical Program: Start dates
same as 8-week programs.

**Emory University Wound, Ostomy,
Continance Nursing Education
Center (WOCNEC)**

The Emory Clinic, Room AT 732

Atlanta, GA 30322

Phone: (404) 778-4067

Email: cindy_strickland@emory.org

Center Faculty: Dorothy Doughty, MN,
RN, FNP, CWOCN and Janet M. Ramundo,
MSN, RN, CWOCN, CFNP

9-Week Traditional Program on-site:
3/1—4/30/05; **5-Week** Split-option pro-
gram—1/12—2/13/04; Distance Learning
Program—Ongoing.

*(Also, check the wocn.org website and
click on "Education" for more options.)*

WOCNs in Action (where your local group meets)

Austin, TX—Meets 2nd Wed. at 6:00
PM. Contact Karen Hollis @ (512)-
324-1053.

Arkla-Tex—Meets 2nd Fri. of each
quarter at 6:30 PM in Bossier City, LA.
Contact Margaret Davis @ (318)-675-
6924.

Biloxi, MS—Contact Paula Green @
(601) 288-4244.

Dallas, TX—Meets 2nd Thurs. at
11:30 AM at the American Cancer So-
ciety, 8900 John Carpenter Fwy. Con-
tact Jacqueline Vaughn @ (972) 235-
1771 or jmavaughn@aol.com.

Northeast Texas WOCN—Meets
quarterly at various locations in the

Longview-Tyler area. Contact Tammi
Short@ (903) 297-2560.

Fort Worth, TX—Meets 1st Thurs. at
11:30 AM at the Klabzuba Tower. Con-
tact Valerie Pemberton @ (817) 820-4970
(W).

Houston, TX—Meets 4th Wed. at the Ro-
tary House at 11:30 AM. Contact Sheri-
dan Myers @ (281) 564-2563.

Houston Northwest—Meets every 3rd
Thursday of the month at 6PM. Contact:
Pat Thompson, (W) 281-397-2799; (H)
832-484-8656; pat.thompson@tenethealth.com

Lafayette, LA—Meets 3rd Thurs. of each
quarter at 6:30 PM. Contact Rita Hernan-
dez @ (337) 981-4935.

Oklahoma City, OK—Meets 3rd Wed.
of every other month on "on-call"basis

in the American Cancer Society of-
fice. Members will receive mailing
notice of when meeting will be
held. Contact Sharon Williams @
(405) 949-3770.

San Antonio, TX—Meets 3rd Wed.
at the American Cancer Society at
4:30 PM. Contact Diane Rudolph
@ (830) 336-3565 (H).

Please send any updates about
your local WOCN group to Tammi
Short. Send by US mail or by email
to ettammi@aol.com.