



South Central Region

[SCRWOCN HOME PAGE](#)

[Presidents Message](#)

[Youth Rally](#)

[Support Your Web](#)

[WOCN ED](#)

[Spotlight](#)

[WOCN's in Action](#)

[Money, Money ...](#)

[NEWSLETTER
ARCHIVE](#)

Five Alive

August, 2006

The Newsletter of the South Central WOCN Region WOCN



President's Message—August, 2006

“Whatever you are, be a good one.”

-Abraham Lincoln

It is time once again for the President's message and I find myself struggling for the right words to put on paper thoughts that may inspire, provoke, prod, humor and/or irritate those reading this. And so in searching myself, I decided to search the Internet for words of wisdom from people more learned and knowledgeable than I.

“Alone we can do so little; together we can do so much”

-Helen Keller

As Helen Keller so eloquently states it, we are in this thing together. It is only in pulling together that we have accomplished some wonderful things in the past year. It feels as if I just got off the plane from Minneapolis and our national conference.

“Do what you can, with what you have, where you are”

-Theodore Roosevelt

We had 27 people at our regional business meeting who enjoyed a sit down dinner. During the meeting we gave out SCR merchandise as door prizes. Jeannie Thompson talked about the upcoming Youth Rally Camp. Margaret Goldberg and Jan Colwell came by to answer any questions our members may have had of the board. Mary Walden and Diana Gallagher both SCR members and representatives of the WOCNCB showed us what was new from the WOCNCB. Go to their website to find their new products, promotional materials and CD-rom. A lively discussion took place during our meeting revolving around the Hurricane relief fund, state of our treasury, and nominations for the upcoming election.

election.
“When you do the best that you can, we never know what miracle will be wrought in our life or in the life of another”

-Helen Keller

To date, two people have applied for the Hurricane relief fund. Members at the meeting suggested that the fund go to cover the cost of membership for all members in the hurricane affected areas instead of paying \$200 of the cost of re-certifying. We are looking into the number of members that would affect and if the cost will be beyond the designated \$20,000 set aside by the membership at last fall's membership meeting. If this is indeed what you, the SCR membership would like to happen, please contact a member of the SCR Board to express your wishes. More details to come....

“Success isn't permanent and failure isn't fatal”

-Mike Ditka

The other hot topic is the treasury. Please see Jill Conwill's article on the state of the SCR finances. It is important to realize that the bottom line isn't really just that. We have commitments and outstanding obligations to consider. It is a good rule of thumb to keep a year's operating funds in reserve to keep any organization afloat and out of the red. But this is an ever-evolving task.

“We can only be said to be alive in those moments when our hearts are conscious of our treasures.”

-Thornton Wilder

The SCR was well represented at this year's national conference. There were around 90 SCR members registered to attend conference. Janet Davis and Coni Ellis taught the Pre-conference Preceptor workshop. Kim Bookout, Mary Pat Rapp, and Myra Varnado all gave excellent presentations during the conference. The following SCR members gave poster presentations: Janet Davis (2), Kim Bookout (2), Kathy McLane (2), Kathy Murphy (1), Kathy Froiland (1), and Mary Pat Rapp (1). Janet Ramundo was present everywhere at conference as NCPC chair. Also this summer, Jeannie Thompson attended the Youth Rally camp this summer in San Diego. Numerous SCR members serve on a variety of national committees.

“Our lives begin to end the day we become silent about things that matter”

-Martin Luther

King Jr.

“Science may have found a cure for most evils but it has found no remedy for the worst of them all - the apathy of human beings.”

-Helen Keller

-Helen Keller

The topic of allowing other disciplines and non-WOC prepared nurses into the WOCNS was discussed at the national membership meeting. If you want to have your opinion heard, now is the time to step up to the plate. Decisions will be made without each member's opinion if you don't voice them now. Contact the national board via the Link to Leadership or the SCR council soon.

"He has the right to criticize who has the heart to help"

-

Abraham Lincoln

It is that time of year again. Elections are around the corner. The deadline for nominations and consent to run to be turned in is July 31. Your election ballot should arrive shortly after that. Be sure to vote for your leadership for the next 2 years. It is also time to nominate someone for WOC Nurse of the year. Ballots are available on our website www.scrwocn.org. The process can be done on-line, or it can be mailed to Kim Stallo.

"Be sincere, be brief; be seated."

-FDR

Well, I think it is too late for that! However, I do wish you all good things.

"If I were two-faced, would I be wearing this one?"

-Abraham Lincoln

Respectfully,
Kathleen Murphy
Houston, TX

[SCRWOCN HOME PAGE](#)[Presidents Message](#)[Youth Rally](#)[Support Your Web](#)[WOCN ED](#)[Spotlight](#)[WOCN's in Action](#)[Money, Money ...](#)[NEWSLETTER
ARCHIVE](#)

Youth Rally

[Sponsorship/Donation
Form](#)

Hello friends of the Youth Rally,

You might have heard a while ago about Seventeen Magazine's search for 5 teen girls with illness or disabilities. We have some great Rally kids who would certainly qualify, but the not-so-good aspect was that the photo shoot would have conflicted with the Rally dates, and our campers had already made their plans to be with us. The good news is that a young woman from Indiana who has both Crohn's and a temporary ostomy has been chosen. Look for the October issue of Seventeen on your news-stands.

Linda

From the mom of a former Rally camper (Mom is active with the IBD Quilt Project, etc):

Sent: Wednesday, July 05, 2006 5:23 PM

Ostomies are gonna make a nat'l magazine! This is a cool kid, nice family.

A dear friend of ours, Andy, has a 16 year old daughter Alex who has a severe case of Crohn's. She had another resection in May w/a temp ostomy. Andy served a full term on the CCFA board in Indiana as a trustee and another as President of the board. This family is very committed to awareness, education and FINDING A CURE FOR ALEX.

She is a very courageous young lady, telling her story nationwide in Seventeen magazine - at an age most kids shy away from such personal topics. Alex was chosen along with 4 other girls with a chronic illness or disability.

YES, poop is gonna be front and center, kid time. How cool is this?

Our friend says it will be in October's issue. He even hopes they will show a photo of her pouch! Pass the word to any IBD kids you may know, I'll bet this will be a huge form of support for them.

[SCRWOCN HOME PAGE](#)

[Presidents Message](#)

[Youth Rally](#)

[Support Your Web](#)

[WOCN ED](#)

[Spotlight](#)

[WOCN's in Action](#)

[Money, Money ...](#)

[NEWSLETTER
ARCHIVE](#)

SCRWOCN - How to Support YOUR website

Need to know how to submit news and information to the SCR website? You are in the right place! Our web administrator has created a guide for how to best navigate the website and submit news. Go to the home page and click on About Us. Here, you will find the section - Members: How to Support Your Website. With these helpful guidelines, you can submit, photos, articles, case studies, or participate in chat sessions.

All members are able to contribute in making the website more and more innovative.

[How to Support your Web Site](#)



WE NEED YOU!



Have you ever had an experience with wound, ostomy, or continence care that stumped you?

Write to us in the **Clinical Corner!**

Share your WOCN pearls with colleagues in the next edition of the Five Alive!

E-mail Bette Kussmann at bkussmann@ochsner.org with your story and photos.



[SCRWOCN HOME PAGE](#)

[Presidents Message](#)

[Youth Rally](#)

[Support Your Web](#)

[WOCN ED](#)

[Spotlight](#)

[WOCN's in Action](#)

[Money, Money ...](#)



[NEWSLETTER
ARCHIVE](#)

Wound, Ostomy, Continence Education Programs

**The University of Texas M.D.
Anderson Cancer Center Wound,
Ostomy, Continence Nurse Education Program (WOCNEP)**

UT M.D. Anderson Cancer Center
Attn.: Shirley Woolems (Unit 163)
1515 Holcombe Blvd., Houston, TX
77030-4009

Phone: (713) 745-0219/745-0216

Fax: (713) 745-0025

E-mail: swoolems@mdanderson.org or cbellis@mdanderson.org

Also see MD Anderson's website-

www.mdanderson.org/departments/woundostomy

Program Director: Coni Ellis, MS, RN, OCN, CWOCN; Program Co-Director: Janet M. Davis, MSN, RN, APRN-BC, CWOCN

September 11, 2006 - November 3rd full

Jan 8, 2007 - Mar 2, 2007 8 week program

Jan 8, 2007 - Feb 2, 2007 4 week program

Mar 26, 2007 - May 18, 2007 8 week

Mar 26, 2007 - April 20 4 week

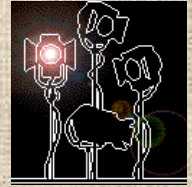
September 10, 2007 - Nov 2, 2007 8 week

Sept 10, 2007 - October 5, 2007 4 week

[SCRWOCN HOME PAGE](#)[Presidents Message](#)[Youth Rally](#)[Support Your Web](#)[WOCN ED](#)[Spotlight](#)[WOCN's in Action](#)[Money, Money ...](#)[NEWSLETTER
ARCHIVE](#)

Spotlight on Marcia Davis

Submitted by Kim Stallo



SPOTLIGHT on Marcia Davis

Marcia Davis MS, RN, CNS, CWOCN is well known to the SCR. She served as President for the SCR WOCN in 2001 and has been an advocate WOC nursing. She is a kind and gentle spirit who works diligently to provide excellent wound, ostomy and continence care to her patients. At the same time, she is a dedicated professional who volunteers in her various nursing organizations to promote the nursing profession as a whole. She precepts for the WOC nursing programs and serves in leadership roles not only for the WOCN but also for the Oklahoma State Nurses Association and the Sigma Theta Tau Honor Society for Nurses.

Marcia participates in research studies and has published articles in the WOCN Journal as well as posters for national nursing conferences. While all this is key to her professionalism it is extremely important to note Marcia's devotion to her patients. She cares deeply for their welfare as has been demonstrated through the development and facilitation of the skin care team at Norman Regional Hospital, she also developed algorithms for wound and pressure ulcer prevention at this facility. While Marcia has moved on from her role as WOCN at Norman Regional she has mentored and continues to mentor those who will take her place.

Marcia now serves the Norman Regional Wound Care Clinic as Program Director. This clinic recently opened; under her direction and it has already become successful in meeting the wound care needs of the community they serve. Her staff and patients adore her, which is no surprise as she is adorable. She is a great nurse and an inspiration to those who know her.

[SCRWOCN HOME PAGE](#)
[Presidents Message](#)
[Youth Rally](#)
[Support Your Web](#)
[WOCN ED](#)
[Spotlight](#)
[WOCN's in Action](#)
[Money, Money ...](#)
[NEWSLETTER
ARCHIVE](#)

WOCNs in Action (where your local group meets)

Austin, TX—Meets 2nd Wed. at 6:00 PM.
Contact Karen Hollis @ (512)-324-1053.

Arkla-Tex—Meets 2nd Fri. of each quarter at 6:30 PM in Bossier City, LA.
Contact Margaret Davis @ (318)-675-6924.

Biloxi, MS—Contact Paula Green @ (601) 288-4244.

Dallas, TX—Meets 2nd Thurs. of each month at 11:30 AM at Presbyterian Hospital Dallas in the Tenth Floor board room, 8200 Walnut Hill. Contact Presbyterian WOCN Dept. 214-345-5053

Northeast Texas WOCN—Meets quarterly at various locations in the Longview-Tyler area. Contact Tammi Short @ (903) 297-2560.

Please send any updates about your local WOCN group to [Bette Kussmann](#).

Fort Worth, TX—Meets 1st Thurs. at 11:30 AM at the Klabzuba Tower.
Contact Valerie Pemberton @ (817) 820-4970 (W).

Houston, TX—Meets 4th Wed. at the Rotary House at 11:30 AM. Contact Contact: Janet Davis @ 713-895-9541

Houston Northwest—Meets every 3rd Thursday of the month at 6PM. Contact: Pat Thompson, (W) 281-397-2799; (H) 832-484-8656;
pat.thompson@tenethealth.com

Lafayette, LA—Meets 3rd Thurs. of each quarter at 6:30 PM. Contact Rita Hernandez @ (337) 981-4935.

Oklahoma City, OK—Meets 3rd Wed. of every other month on "on-call" basis in the American Cancer Society office. Members will receive mailing notice of when meeting will be held. Contact Sharon Williams @ (405) 949-3770.

San Antonio, TX—Meets 3rd Wed. at the American Cancer Society at 4:30 PM. Contact Diane Rudolph @ (830) 336-3565.

Are you Up to Date?

Have you checked out your member information lately? Go to www.wocn.org and log on under the member section and check or update your member contact information, demographics, communication and directory information.

The only way the South Central Region can contact you is if we have up to date records from the national office. The national office needs YOU to update the information.

For regional membership questions or information, contact:

Janet M. Davis

jmdavis@pdq.net

713-895-9541 after 7pm CST

[SCRWOCN HOME PAGE](#)
[Presidents Message](#)
[Youth Rally](#)
[Support Your Web](#)
[WOCN ED](#)
[Spotlight](#)
[WOCN's in Action](#)
[Money, Money ...](#)
[NEWSLETTER
ARCHIVE](#)

Money, Money, Money, Money... You know the song if you watch *The Apprentice*.

At the Regional meeting at National this year, I reported that we had total assets of \$102,619.76 and one of the comments was "Why do we have so much money? We should be spending it". Okay, so where does our SCR money go?

We have a checking and savings account, scholarship account and a Pay Pal account.

The checking account is our for operating expenses such as; conference calls, council meeting expenses, postage, office supplies, and regional conference expenses-not only for the current year but the next year's conference expenses. Our savings account houses the \$20,000 we have earmarked for the Hurricane Relief Fund which leaves us a little over \$30,000. We need to be fiscally responsible with readily available money in case we have a difficult year. We have supported activities this year that our members felt were important. These included the UOAA Youth Camp (\$1000 donation), Hurricane Relief Fund (in progress).

Our scholarship fund is currently at \$18,149.84. It includes the bi-annual Beverly Hampton Scholarship Award, UOAA Youth Rally, and the Nurse in Washington Internship Program (NIWI). Originally the Beverly Hampton Scholarship was given out yearly but at one of the past regional meetings the membership voted on increasing it to bi-annual awards. We had a modified auction last year since it was on the cruise and space was limited. Needless to say we didn't raise as much money for our scholarship fund as compared to previous years. We have had one scholarship recipient (\$3500) so far this year.

We sent Myra Varnado to NIWI (\$1,674.91) and donated \$1000 to the UOAA Youth Rally this year but the money to fund these activities was taken from our checking account instead of the scholarship fund. Hopefully the auction at the regional conference in Fort Worth will raise more funds to build up the Scholarship account.

Pay Pal was set up to provide better service to our members. It allowed us to set up a store on our web site so items may be purchased at the consumer's convenience. The other nice feature is paying on-line for conference registration. More than three-fourths of the attendees from last year's conference used Pay Pal. It worked out great since the treasurer could email right back that their registration was complete.

Janet Davis once stated "South Central Region is seen by the national office as innovative, connected and strong". In 2003, the *Guide to Conference* booklet was created by Janet Davis and Marcia Davis. Our region footed the bill for the first publication of this booklet. It was published by the National Conference Planning

Marcia Davis. Our region footed the bill for the first publication of this booklet. It was adopted by the National Conference Planning Committee and is now part of the first time attendee packet. 2004 was the beginning of the SCR website and our newsletter became our e-news. Not only can it be read by our members but any region can log on and catch up on what is happening in our area. Our region was instrumental in the getting foot and nail course started. Jan Clark had our regional booth obtaining signatures on a petition for national to consider this endeavor. But we didn't stop there. Our region donated money to assist in the certification process and Kathy Murphy led the SCR board to the development of the Foot and Nail Kit. Jim McLean, Kathy Murphy, Myra Varnado, Janet Davis and Kim Stallo pulled this kit together in less than 5 months to have it available at the National meeting in Las Vegas. It was a huge success!

These undertakings wouldn't be possible if we didn't have the funds available to us.

The money in our account keeps us strong and lets us be innovative for the betterment of not only our region but for our organization.

Jill Conwill