



South Central Region

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Five Alive

October, 2006

The Newsletter of the South Central WOCN Region WOCN



President's Message—October, 2006

I knew the day was coming, but one is never ready for the passing of a mentor. It is with a heavy heart that I write this article. **Beverly G. Hampton** passed away on Friday, September 29, 2006. I was lucky to be one of Beverly's ETNEP students in 1990. A huge class of 6 people, we really got to know her. I remember thinking, "Ohmigod, I will never know as much as Beverly." And I probably never will. But in her unique way, she inspired all of us to be all that we could be. She always encouraged people to do more, to be more. She wanted all of us to continue our education, to participate in some type of research, or to write an article for publication in the JWOCN. When I was a new and uncertain ET nurse, she never hesitated to help me out of any perceived crisis. She believed in me so much that I began to believe in myself.



I was also lucky to share something special with Beverly. Before moving to Houston, I lived in her hometown of Springfield, OH. She was always quick to remind me that I was not a native and had an outsider's viewpoint! We shared many stories of that small city in southwestern Ohio, and what it was like to live in Springfield during our respective time periods. After a trip back home for either of us, we would compare "Springfield" notes.

Many lasting memories of Beverly will stay with me: her quick laugh; her love of her family; her devotion to her mother, Dadie; the way she turned almost every lecture into a funny story; her dedication to WOC nursing; her generosity of time and spirit; all the great ideas that Beverly would come up with for Coni Ellis to do; the sequined hats she wore to conference after losing her hair to chemotherapy, "and so on and so forth".

Beverly is gone, but not forgotten. Her memory and dedication to WOC nursing will be honored through the education scholarship that bears her name. It is fitting that in her name, others may pursue a career close to Beverly's heart: WOC nursing. Thank you, Beverly for the inspiration and example you have given us over the years.

I am glad that I was not in heaven on Friday when Beverly found out that God is a Michigan Wolverine and not an Ohio State Buckeye! Godspeed, Beverly.

Wish not so much to live long as to live well.

Benjamin Franklin

For those of you unable to attend this year's South Central Region conference, you missed a doozie! What a wonderful conference we had in Fort Worth. We had an awesome turn out. The educational sessions were wonderfully varied and there was a lot of time to spend with vendors.

Hats off to the planning committee. These guys did not start planning this year's conference until mid January... yes of 2006! They did a tough job extremely well in a very short period of time. Those who have planned any sort of workshop know how hard it is to pull all of it together and in only 8 months

well in a very short period of time. Those who have planned any sort of workshop know how hard it is to pull all of it together and in only 8 months. Please read more about the conference in the following sections.

Here is the latest on the **Hurricane Relief Fund**.

We feel it is important to honor the commitment we made in starting this fund last year. The goal was to reimburse \$200 of recertification costs for those who were SCR members in 2005 who live(d) in hurricane affected areas. The response that we received was not as large as expected. At National conference in June, we decided that a suggestion given at the SCR business meeting had great merit. Members of the SCR council have been working on finding the members who fit the criteria. We will pay the \$110 WOCNS membership dues for any 2005 SCR member living in a hurricane-affected area and sustained damages but did not need to recertify in 2006. Any member who applied for and received reimbursement for their recertification fees will be ineligible to have their membership dues paid. The Hurricane Relief Fund will be closed after December 31, 2006. If you have not been contacted and were a member of the WOCN and SCR in 2005 and sustained damage due to Hurricanes Katrina or Rita, please contact the following people:

Bette Kussmann: Louisiana

Ken Clark: Mississippi

Kathy Murphy: Texas

Scholarship Fund Changes

Things are changing for the better. Be sure to read Debbie Fulmer's section on what's news in the Scholarship Fund.

Anyone who would like to make a donation in memory of Beverly to the Beverly G. Hampton Scholarship fund should send a check to Jill Conwill. Please designate in the memo line on your check that the money is earmarked for the scholarship fund.

Kathy Murphy, RN, BSN, CWOCN

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Tribute to Beverly



All, It is with much sadness that I share with you the passing of my mother, Beverly A. Hampton, RN. She was making a remarkable recovery from her recent hospital stay in her battle with cancer. Always the fighter, she never gave up. After Tuesdays successful walking, I was thinking that she would surely be going home at least one more time. That was not to be.

The second round of respiratory infection so soon after the first could not be beat. Oddly, it was a fungus we are all surrounded by daily that was just too much for her body to take on top of all the other complications. With all the chemo and antibiotic, the natural antibodies were no longer present. She was a fighter until the end.

Service will be held at the McKinney First Methodist Church in McKinney Texas on Wednesday, 4 October, 2006 at 2pm. Donations are encouraged to the "Luther and Dariel Greenawalt Nursing Scholarship" at Ohio State University (ttewell@con.ohio-state.edu). This is the scholarship she established in the name of parent as a way to say "thank you" for them giving her the opportunity to devote her life to the field of nursing.

Sincerely,
Erich Roeder
Beverly's son



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Awards

Ann Glosson & Janet Anderson awarded the 2006 Presidents Award

The President's Award winners for 2006 are: Ann Glosson RN CWOCN and Janet Anderson RNC WHCNP. Ann and Janet were recognised for their contribution in the WOC area of continence care. Janet and Ann did a survey of their community in Marble Falls, TX and found that in their area people with continence care needs were being sadly underserved. They studied incontinent care and opened a Continence Clinic that has been in operation for several years now.

Shirley Dunbar Named South Central Region WOC Nurse of the Year 2006

It is with great pleasure that we announce the South Central Region WOC nurse of the year. Shirley Dunbar is a staff WOC nurse at Presbyterian Hospital Dallas her practice is focused on in-patient acute care; however she often sees out-patients to provide WOC nursing care as well. Her consults involve the full scope of WOC nursing practice. Shirley works to educate physicians, professional nurses, nursing students as well as patients and their families regarding WOC care. In doing so she brings a special team approach to patient care, everyone feels involved and practices together. Her practice is to involve all disciplines in the total care of each of her patients. Through this practice she consistently achieves her goal to attain quality patient outcomes.

Shirley is involved with WOC in-services and product in-services for the Presbyterian Hospital staff. She has participated in CE presentations for Presbyterian Hospital and the Texas Health Resources System. She presented a poster at SAWC entitled "Negative Pressure Wound Therapy in the Management of a Large Sternal Wound." She has an outspoken nature and actively promotes WOC nursing. Shirley has participated in IRB approved clinical research and has provided case studies for several clinical products.

Shirley serves as a preceptor for

products.

Shirley serves as a preceptor for WOC nursing students as well as undergraduate nursing students and High school students in the healthcare magnet school. She is active in the local WOC group activities and is a member of the WOCN. She has served the South Central Region WOCN as Conference Planning Chair for 2002. She is active in the local UOAA group serving as the ET/Medical advisor.

It is an honor to include Shirley Dunbar among this very select group of outstanding WOC nurses called the WOC Nurse of the Year.

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News from the Fall Conference ...

The 2006 SCR Annual Conference in Fort Worth concluded on 9/16/06, and as the trail dust settled, it was determined that this was the best attended conference in SCR history. We had 181 WOCN's and sold out all 50 vendor booth spaces, with over 100 vendors attending. On Saturday, 9/16 other nurses (non-WOCNs) attended the Nurse Education Day.

[Click Here to see our Scrapbook](#)

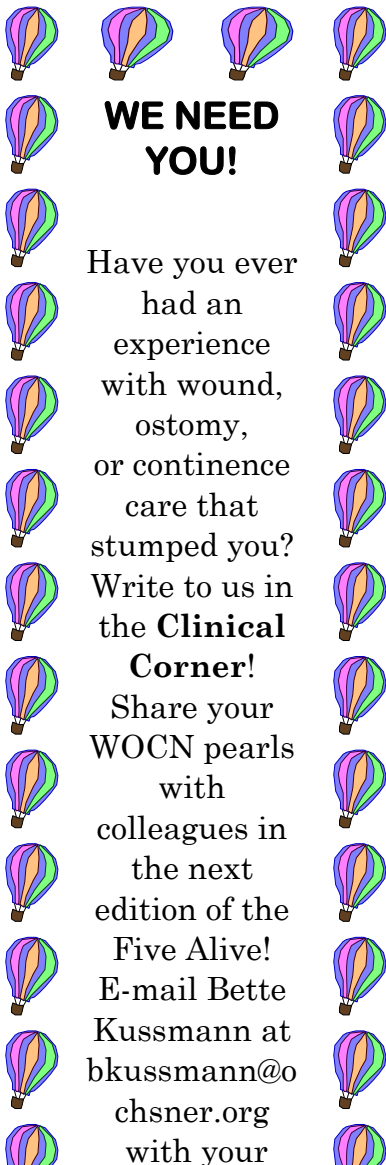
Not all the evaluations have been reviewed at this time, but the 80% that have been tabulated reflected that the attendees thought that this year's conference was great. In addition, 2 of our vendors, both with many years of attending regional conferences, stated that it was "...by far the best regional conference either of us have attended".

We honored 4 of the 9 Founding SCR members during the opening session of the conference: Lynda Allen, Ann Glosson, Anita Price and Gloria Griffin (who was not able to attend). The other 5 Founding members could not be located: Ann Lee, Carol Johnson, Jo Ann Horman, Doreen Stakey, and Barbara Jusin.

The SCR Board and Council are most grateful to the Fort Worth Conference Co-Chairs: Lynda Allen and Jim McLean as well as the Conference Planning Committee: Debbie Barrett, Linda Bowser, Joan Brown, Terri Buettemeyer, Teresa Callerman, Jeanette Ghesquiere, Sheila Griffin, Melanie Hardy, Marklin Jones, Twyla O'Keefe, Glenda Kupferle, Janet McLean, Barbara Manning, Barbara McGarrah, Kayleen Mills, Rhonda Newberry, Christi Nguyen, Valerie Pemberton, Marilyn Scott, Carolyn Sloan, Beth Stenson, Lisa Stewart, Diane Thomas, Vickie Turner.

We hope to see ya'll at the 2007 SCR Conference to be held in October in Baton Rouge, LA. Aieeeee! (That's Louisianan for "Ya'll Come!")

Jim McLean, RN, WOCN, CFCN



WE NEED YOU!

Have you ever had an experience with wound, ostomy, or continence care that stumped you? Write to us in the **Clinical Corner!** Share your WOCN pearls with colleagues in the next edition of the Five Alive! E-mail Bette Kussmann at bkussmann@chsner.org with your

ensner.org
with your
story and
photos.



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ALERTS FROM THE SCHOLARSHIP COMMITTEE

Poster Presentation Scholarship

The WOCN conference for 2007 will be held in Salt Lake City, Utah. The WOCN office has already released important dates for submitting an on-line abstract to present a poster at conference. On-line abstracts may be submitted directly to WOCN beginning September 10, 2006 through November 12, 2006. If you would like to present a poster, but feel that you cannot afford the cost of poster development, the SCR WOCN Poster Scholarship may be just what you need. Check the SCR WOCN website out the SCR WOCN scholarship criteria for assistance with poster development.

Beverly G. Hampton Scholarship

This scholarship is granted to a nurse from the SCR who has been accepted for admission to the MD Anderson WOCN Education Program. Application for this scholarship is made directly to the WOCN. The deadline for application for this and other WOCN scholarships is November 1, 2006.

Nurses in Washington Internship

The Nurses in Washington Internship (NIWI) program is held for four days in March of each year. This is a wonderful opportunity for a WOC nurse from the SCR to be in Washington on the cutting edge of the political scene. The SCR offers a scholarship to cover the cost of NIWI for a member of our region to attend. The advertised dates for application to NIWI are listed on their website for January, 2007. If you would like to represent our region in Washington, please follow the directions on the SCR website concerning this scholarship.

Hurricane Relief Scholarship

If you are a WOC nurse from the SCR who was financially impacted by the 2005 hurricanes, you may qualify for this scholarship. Please hurry as this scholarship will no longer be available after December 31, 2006. Instructions and the application are available on the SCR WOCN website.

By: Debbie Fulmer, SCR Scholarship Chair

WOC Education Programs

The University of Texas M.D.

Anderson Cancer Center Wound,
Ostomy, Continence Nurse Education
Program (WOCNEP)

UT M.D. Anderson Cancer Center

Attn.: Shirley Woolems (Unit 163)

1515 Holcombe Blvd., Houston, TX

77030-4009

Phone: (713) 745-0219/745-0216

Fax: (713) 745-0025

E-mail: swoolems@mdanderson.org
cbellis@mdanderson.org

Also see MD Anderson's website-

www.mdanderson.org/departments/woundostomy

Program Director: Coni Ellis, MS, RN, OCN, CWOCN;
Program Co-Director: Janet M. Davis, MSN, RN, APRN-BC, CWOCN

September 11, 2006 - November 3rd full

Jan 8, 2007 - Mar 2, 2007 8 week program

Jan 8, 2007 - Feb 2, 2007 4 week program

Mar 26, 2007 - May 18, 2007 8 week

Mar 26, 2007 - April 20 4 week

September 10, 2007 - Nov 2, 2007 8 week

Sept 10, 2007 - October 5, 2007 4 week

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WOCNs in Action (where your local group meets)

Austin, TX—Meets 2nd Wed. at 6:00 PM.
Contact Karen Hollis @ (512)-324-1053.

Arkla-Tex—Meets 2nd Fri. of each
quarter at 6:30 PM in Bossier City, LA.
Contact Margaret Davis @ (318)-675-6924.

Biloxi, MS—Contact Paula Green @ (601)
288-4244.

Dallas, TX—Meets 2nd Thurs. of each
month at 11:30 AM at Presbyterian
Hospital Dallas in the Tenth Floor board
room, 8200 Walnut Hill. Contact
Presbyterian WOCN Dept. 214-345-5053

Northeast Texas WOCN—Meets
quarterly at various locations in the
Longview-Tyler area. Contact Tammi
Short@ (903) 297-2560.

Please send any updates about your local
WOCN group to [Bette Kussmann](#).

Fort Worth, TX—Meets 1st Thurs. at
11:30 AM at the Klabzuba Tower.
Contact Valerie Pemberton @ (817) 820-
4970 (W).

Houston, TX—Meets 4th Wed. at the
Rotary House at 11:30 AM. Contact
Contact: Janet Davis @ 713-895-9541

Houston Northwest—Meets every 3rd
Thursday of the month at 6PM. Contact:
Pat Thompson, (W) 281-397-2799; (H)
832-484-8656;
pat.thompson@tenethealth.com

Lafayette, LA—Meets 3rd Thurs. of each
quarter at 6:30 PM. Contact Rita
Hernandez @ (337) 981-4935.

Oklahoma City, OK—Meets 3rd Wed.
of every other month on “on-call” basis in
the American Cancer Society office.
Members will receive mailing notice of
when meeting will be held. Contact
Sharon Williams @ (405) 949-3770.

San Antonio, TX—Meets 3rd Wed. at
the American Cancer Society at 4:30 PM.
Contact Diane Rudolph @ (830) 336-3565.

Are you Up to Date?

Have you checked out your member information lately? Go to www.wocn.org
and log on under the member section and check or update your member
contact information, demographics, communication and directory
information.

The only way the South Central Region can contact you is if we have up to
date records from the national office. The national office needs YOU to
update the information.

For regional membership questions or information, contact:

Janet M. Davis

jmdavis@pdq.net

713-895-9541 after 7pm CST

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Money Matters:

We had a great turnout for *Blazing the Trail to WOCN Excellence* in Fort Worth. We not only had our SCR regional conference but the Conference Planning Committee also presented a one day *Pressure Ulcer and Wound Management Seminar* for 62 local nurses.

Our conference had 183 attendees (largest ever) and 50 vendor booths. The conference speakers were first rate! I want to say *kudos* to the planning committee for a quality conference.

Our booth at the conference raised \$780 and the auction raised \$2,389.35.

Jill Conwill
SCR Treasurer

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Nurse in Washington Internship

NIWI is sponsored by the Nursing Organizations Alliance composed of 51 nursing specialty organizations. The WOCN was well represented in 2006 with eight representatives. Myra Varnado represented the South Central Region.

Lectures and topics consist of content related to:

- The legislative process
- Policy implementation
- Using the media to address the legislative process
- Nursing caucus to influence policy Nursing caucus is bi-partisan, focus on topic Caucuses are mechanisms to get the word out about an issue of concern
- Lobbying techniques
- Coalition building Americans for Nursing Shortage Relief, The ANSR Alliance
- State legislative processes
- Nursing leader roundtable

And the highlight of the week: Visits to Capitol Hill.

We learned a great deal about the governmental process, but I think the "bring home message" was there is power in numbers and our voices can make a difference! Being knowledgeable about healthcare trends, being aware of the evidence, being on top of current affairs and their potential impact on public policy, all of these can influence our ability to challenge the status quo and make positive changes for healthcare delivery.

There are 3 Million nurses and 95% of us vote. There are 150K members of ANA . Be active as part of your nursing responsibilities.

That is power.

Our two issues as directed from WOCN for lobbying were:

1. NURSING SHORTAGE/IMPROVE ACCESS TO QUALITY CARE. Increase funding under Title VIII of the Public Health Service Act. Proposed appropriations for funding of nursing education and research were set at \$150M for fiscal year 2007 when we began our week. We lobbied for an increase in funding of \$25M for a total of \$175 for fiscal year 2007. We hand carried a letter to be co-signed (one for the House and one for the Senate) to our senators and representatives, in support of the increase in funding. We received an e-mail message from Bill Applegate on March 20th stating that the US Senate acted to approve an amendment to incorporate \$25M into the Nurse Reinvestment Act. It is now a provision in the FY2007 Budget Resolution. This does not mean it's law, however it defines and acts as a 'Blue Print' for the Senate Appropriations Committee. Our meeting with Congressman Carnahan resulted in his signing of the Congressional joint letter of support for this increased funding.

increased funding.

2. INCREASE PATIENT ACCESS TO NECESSARY SUPPLIES.

The Medicare Modernization Act of 2003 cut funding for orthotic supplies (shoes and inserts). Support Bill 1416 - Medicare Footwear Quality Restoration Act which will restore funding for diabetic shoes and inserts as put forth by Carolyn McCarthy, representative from NY. Carolyn McCarthy, a nurse, was one of the representatives we visited on the Hill, thanks to the efforts of Bill Applegate.

Part of our Day on the Hill included meetings with Russ Carnahan and Carolyn McCarthy. Our WOCN Lobbyist, Bill Applegate, arranged these audiences. WOCN sponsored a briefing, an educational forum, by Ms. McCarthy, a nurse for the past 30+ years, on the Hill this past fall.

Following those meetings, Bill hosted a dinner for us that evening at which he proceeded to offer us some of his experiences and guidance on the fine art of lobbying. Bill is a wealth of information, and spoke at WOCN National Conference in June.

One of the most impressive speakers we heard was Lisa Romando, Nurse Extern with Senator Inouye's office. "It's all about building relationships." Know about whom you are meeting. Appropriations committee is very important committee. Budgets are released in early February. Staffers provide information to Senators/Governors along with insight. Do not underestimate the influence of staffers. When lobbying on your issues, link funding to outcomes.

Goal: Identify initiative(s) that excite you and do something about it!

If you do not participate in government, you may be ruled by unwise persons.

Establish personal relationships with those you wish to influence, become an informational resource. My recommendation is to be involved. Participation in NIWI is an excellent way to be educated about public policy. Take advantage of the scholarship money that is available not only at the regional level, but also at the national level. Deadline for national NIWI scholarship was December 1st of 2005, so make plans early for 2006.

Know your Senators, Governors and representatives. Know which committees they sit on. Search for ways to inform them about issues that mean something to you. You have access to them on a local level in their home-town offices. Formulate the PROBLEM, SOLUTION AND ACTION. Be succinct in your MESSAGE when meeting with them.

If you are interested in being involved, apply for next year's NIWI scholarship!