

Five Alive

December, 2003

The Newsletter of the South Central Region WOCN

South Central Region WOCN

Ushering in a new year...2004!!!

President's Message



Jane and Lois display the beautiful quilt that was raffled at the 2003 conference.

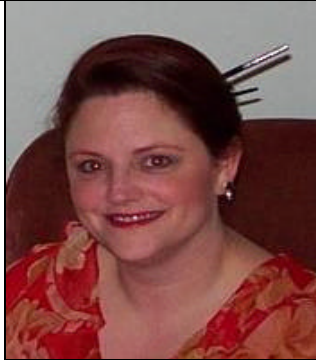


Jane and Suzette draw the lucky winner of the quilt.



Kathy Murphy, 2004 SCR President, and Stephanie Yates, Director-at-Large, at the 2003 SCR Conference in Austin, TX.

It's hard to believe that a year has passed, and my service as the South Central Region President comes to a close. Reflecting on the year and the accomplishments, I would like to thank my council members for their creativity and perseverance. Their hard work and support provided an unforgettable year. And as President, you hope for a team that works well together and believe me, the council worked hard and became greater than the sum of their parts. Over the past year, the regional accomplishments were many. Our goal to provide education was realized through another successful regional conference in Austin, Texas. Our expanding newsletter also provided education, regional communications along with setting the ground work for a website. Being fiscally strong was another goal that we achieved through profitable fundraising like our auction, scissors sales, Tea Party, and conference. With these successes, our region has a healthy base of over \$100,000. With this budget, we remain prudent in our use of monies and have developed some financial opportunities for our



members. We now offer financial assistance to members who wish to attend NIWI (Nurse in Washington Internship) and assistance to a WOC nurse and/or a child to attend the UOA Youth Rally Camp. We have made a pledge of \$1,000 to the WOCNCB to help develop the Foot and Nail Curriculum. Our bylaws were recently revised and are more consistent with the national bylaws. Lastly, I believe that the South Central Region has been a trendsetter in the organization and has been seen by our national office as innovative, connected, and strong. We, the South Central Region, are the WOCN Society—we are strong!

Janet M. Davis

WOCN SCR Board of Directors—2003

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ByLaws/Operations Manual

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Newsletter

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2004 UOA Youth Rally

To be held in San Diego, CA at the University of San Diego, CA

Week of July 11, 2004

SCR will sponsor a WOCN and/or child to attend!!!

If you are interested, contact one of the SCR Board members.



The winners' circle in Austin was huge! Left to right and down: Annabella Prince won a music system; Stephanie Yates won the handmade quilt; David Rosen won the basket of Godiva chocolates. Thank you to the vendors and others who donated these items.



Bylaws Changes from 2003 SCR Vote

The results of the election on the bylaw changes are as follows:

267 ballots were mailed to the membership. 107 ballots were received which yielded a 40% return. Way to go SCR! All articles were approved to be changes.

Article V Section 1- which is related to elected officers- passed and now we will have a Vice President, and each elected office will hold office for 2 years... . Along with president Ex-Officio, who will hold office for 1 year.

Article V Section 3—which is related to terms—this reflects leadership changes.

Article V Section 4—which is related to staggering the years positions come up for election. President and Treasurer will come up for elections on even years and Vice President and Secretary on odd years.

Article VIII Section 2- which is related to changing the newsletter committee to Communications Committee with two positions –one for the webpage and one for the newsletter.

Article X Section 4- related to mail vote that we drop having to receive 25% of the ballots back and no longer have to sign the ballot -was also passed.

Thanks to all who voted, and look for these changes in the bylaws in the future. Have a happy new year!

Catherine Short
Nominations Chair



Marcia Davis, SCR WOCN of the year for 2003!! We congratulate Marcia on this honor, an award which is well deserved.

Congratulations Marcia Davis South Central Region WOCN of the Year!!!

It is with great exuberance that we announce the South Central Region WOCN of the year, Marcia Davis MS, RN, CNS, CWOCN. Marcia is well known to the SCR as she served as President for the SCR WOCN in 2001. It is important to note Marcia's devotion to her patients through the development and facilitation of the skin care team at her facility. She has also developed algorithms for wound and pressure ulcer prevention. She often participates in research studies and has published articles in the WOCN Journal as well as posters for national nursing conferences. She precepts for the WOC nursing programs and serves in leadership roles not only for the WOCN but also for the Oklahoma State Nurses Association and the Sigma Theta Tau Honor Society for Nurses. Thank you Marcia for your continued leadership in the SCR WOCN.

We were very pleased to have six nominees for the WOCN of the year and are delighted to share those nominees with you. Also nominated for the WOCN of the year were: Kathy Mc Lane, Catherine Short, Sandi Brunello, Rose Guzman, and Linda Woodward. It would be great to have such a fine group of nominees next year as well. Please keep this in mind as we start a new year be thinking of a devoted WOCN to nominate for WOCN of the year.

Don't forget you can purchase SCR region items all year long! We have scissors, shirts, pins, lanyards and wine clips; please contact:

Kimberly Stallo
Public relations chair
1005 South Hollow Dr.
Southlake, Texas 76092
817-424-8465

Job Opportunities for WOCNs!!!

Austin, TX: Seton Healthcare Network is a not-for-profit organization of Central Texas including 8 hospitals, several community clinics, and a home care/hospice. MAGNET-designated 2002—4 hospitals. Currently have an opening for a WOCN Certified Nurse. The role of the WOCN is to primarily serve patients with ostomies, fistulas, and wound care needs. Practice is collaborative with the physical therapy depts. at each hospital. Contact info.: Mary Viney, RN, MSN, Director: Mviney@seton.org, (office) 512-324-4046, (pager) 512-624-1456; Karen Hollis, RN, BSN, COCN, CWCN, Lead WOCN: Khollis@seton.org, (office) 512-324-1053, (pager) 512-604-3010.

Houston, TX: The Methodist Hospital corporation is a nonprofit, MAGNET-designated health care organization in the heart of the world-renowned Texas Medical Center. The Center for Professional Excellence ET Team is currently seeking a WOCN Certified Nurse to be Clinical Resource, Teacher, and Consultant to the nursing staff for patients with fistulas, ostomies, drainage tubes, and pressure ulcers (Stage III and IV). Contact info.: Miriam Munguia, Recruiter, mmunguia@tmh.tmc.edu, Office 713-441-1806 or toll free 1-800-575-6877 ext. 11806.

Longview, TX: Good Shepherd Medical Medical Center, a 425-bed not-for-profit and private regional referral center, is seeking an experienced WOCN to lead their 4-WOCN team. GSMC offers a busy and competitive inpatient and outpatient service to patients from a 10-county area. The successful candidate will possess certification as a WOCN and at least 2 years experience in a hospital setting. Previous supervisory experience required.

Employment package: highly competitive salary, benefits, including 401K-type retirement, sign-on and relocation allowance. Submit resume to: Nurse Recruiter GSMC 700 East Marshall Ave. Longview, TX 75601; fax: 903-315-1944; tel.: 903-315-5140; or apply online at: www.goodshepherdhealth.org.

Norman, OK: Norman Regional Hospital is seeking to hire a "Wound & Ostomy Registered Nurse" - qualifications to include BSN, graduation from a WOCN Society accredited program, 2 yrs. previous RN nursing experience required, experience as a WOCN required, certification as a WOCN preferred, current Oklahoma RN license required. Schedule: Mon.-Fri./8-5/some off shifts with support groups. Contact info.: Sue Nicholson, RN, Nurse Recruiter, Norman Regional Hospital, 405-307-1591, snicholson@nrh-ok.com; www.normanregional.com.

Portland, Oregon-Home Health: Full-time, 8:30A to 5P. Must be a grad from an accredited Baccalaureate school of nursing. Current registered nurse license in any state and the ability to apply to obtain a license in the State of Oregon. Need to have completion of an accredited course in Wound, Ostomy, and Continence but may complete after hire. Certification as an Enterostomal Therapist is required. Minimum of two years nursing experience is ideal, but main focus is to have the certification. They will train the right candidate. One-year home care experience (either prior to or upon certification as ET, RN) preferred but not necessary. Requires a valid driver's license, automobile liability insurance, and reliable transportation. Accountable for direct and indirect quality care of patients of all ages, according to the individualized need of the patient, following the nursing process and in accordance with

WOCNs in the News

In the Houston Chronicle on Nov. 4th, a comparison of home health agencies was done. CMS (The Centers for Medicare & Medicaid Services) provided a comparison of 45 HHC agencies in which they looked at 3 criteria. The criteria was based on OASIS information and asked about the following: 1) patients who get better at bathing; 2) patients who get better at

walking or moving around; 3) patients who get better at taking their medicines correctly (by mouth).

Specialty Wound&Ostomy Nursing, Inc. (SWONI) was one of the agencies listed in the comparison. SWONI is an 8-year old company that is owned and operated by 2 WOC nurses, Rose Guzman and Charlene Randall. The unique thing about this agency is that it is one of the only ones owned and run by WOC nurses with a

primary focus on patients with wound and/or ostomies. Many home care agencies are closing, and this small agency is competing with the major ones and is doing better than most. Their agency scores above the Texas average in all 3 areas. If this agency is doing this well in non-WOC areas, can you imagine how well they are doing in the realm of WOC nursing?

Janet M. Davis

Job Opportunities for WOCNs!!!

the Nurse Practice Act. Accepts professional development as an integral part of nursing practice. The Nurse will function as an educator and consultant to the Home Care staff, patients, and in the community, as needed. The Nurse will coordinate patient care activities with other members of the health care team in a collegial relationship. Performs all duties in a

manner that promotes team concept and reflects the mission and philosophy of the company. The Nurse may need to travel outside the local area for educational opportunities. Salary is \$25.00-\$38.00 per hour + full benefits. Relocation and sign-on bonus are available.

If you are interested and qualified, or know someone

who is, please contact me at your earliest convenience at either of the phone numbers listed below. Thank you.

Jason L. Pendarvis
503-227-2211 or 503-358-4385

WOCNs in Action (where your local group meets)

Austin, TX—Meets 2nd Wed. at 6:00 PM. Contact Karen Hollis @ (512)-324-1053.

Arkla-Tex—Meets 2nd Fri. of each quarter at 6:30 PM in Bossier City, LA. Contact Margaret Davis @ (318)-675-6924.

Biloxi, MS—Contact Paula Green @ (601) 288-4244.

Dallas, TX—Meets 2nd Thurs. at 11:30 AM at the American Cancer Society, 8900 John Carpenter Fwy. Contact Jacqueline Vaughn @ (972) 235-1771 or jmavaughn@aol.com.

Northeast Texas WOCN—Meets quarterly at various locations in the

Longview-Tyler area. Contact Tammi Short @ (903) 297-2560.

Fort Worth, TX—Meets 1st Thurs. at 11:30 AM at the Klabzuba Tower. Contact Valerie Pemberton @ (817) 820-4970 (W).

Houston, TX—Meets 4th Wed. at the Rotary House at 11:30 AM. Contact Sheridan Myers @ (281) 564-2563.

Houston Northwest—Meets every 3rd Thursday of the month at 6PM. Contact: Pat Thompson, (W) 281-397-2799; (H) 832-484-8656; pat.thompson@tenethealth.com

Lafayette, LA—Meets 3rd Thurs. of each quarter at 6:30 PM. Contact Rita Hernandez @ (337) 981-4935.

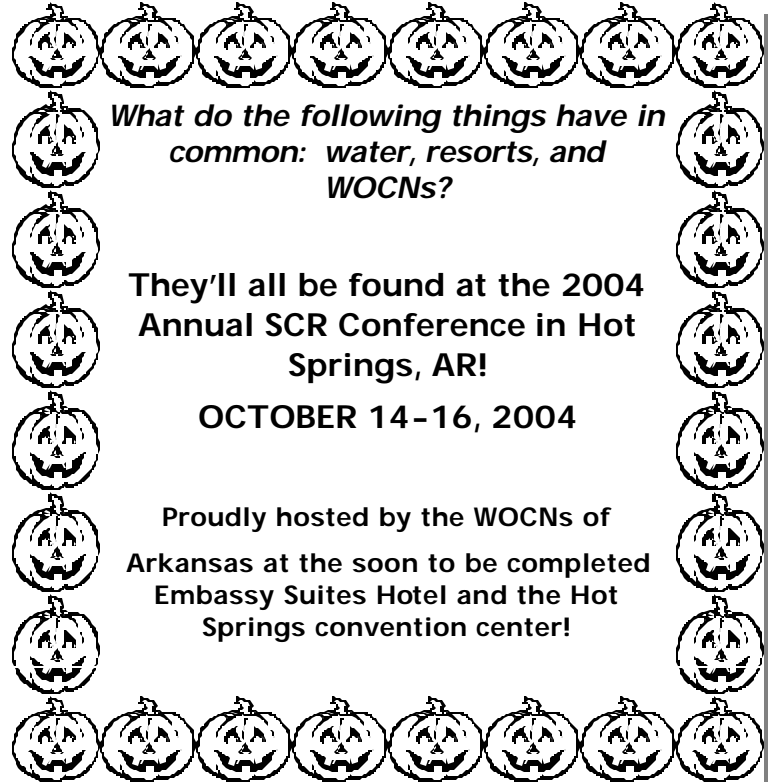
Oklahoma City, OK—Meets 3rd Wed. of every other month on "on-call" basis

in the American Cancer Society office. Members will receive mailing notice of when meeting will be held. Contact Sharon Williams @ (405) 949-3770.

San Antonio, TX—Meets 3rd Wed. at the American Cancer Society at 4:30 PM. Contact Diane Rudolph @ (830) 336-3565 (H).

Please send any updates about your local WOCN group to Tammi Short. Send by US mail or by email to ettammi@aol.com.

The Annual Symposium: Disorders of the Bladder, Bowel, and Pelvic Floor
March 18-20, 2004
SUNA—Society of Urologic Nurses and Associates
Hyatt Regency Chicago
Chicago, IL
 Register online (or find registration form) at www.suna.org or call toll free 1-888-TAP-SUNA.



What do the following things have in common: water, resorts, and WOCNs?

They'll all be found at the 2004 Annual SCR Conference in Hot Springs, AR!

OCTOBER 14-16, 2004

Proudly hosted by the WOCNs of Arkansas at the soon to be completed Embassy Suites Hotel and the Hot Springs convention center!

SCR Members Shine at the Clinical Symposium on Advances in Wound Care

THIS IS A WOUND CARE
 (to the tune of "You Are My Sunshine")

This is a wound care
 An alternative wound care
 It'll make you happy
 If the wound bed's gray
 You'll never know dear
 If you don't try it
 Please do try out
 Maggot therapy.

So let the maggots in
 Face 'em with a grin,
 Healing can't take place
 'Til you have a real clean base.

So let the maggots try—
 Get the sterile ones that you buy.
 Open up your mind
 And let the maggots dine!

Reprinted with permission from Karen Hollis and the Austin Conference Planning Committee

I recently attended and served as a room monitor at the Clinical Symposium on Advances in Skin & Wound Care in Chicago, IL. While there, I visited the poster exhibits and found 127 posters on display. Of those 127 posters, 5 were submitted by South Central Region members. I was proud that our region was represented in this international conference. The following is a list of the SCR members whose hard work was represented:

- Tammi Short (TX) Hidradenitis Suppurativa: Management of a Perineal Wound with Negative Pressure Wound Therapy
- Shirley Dunbar (TX) Negative Pressure Wound Therapy in the Management of a Large Sternal Wound with Exposed Pericardium with Porcine Endocardial Patch
- Cynthia Worley (TX) Skin and Wound Care Challenge in the Advanced Cancer Patient (abstract only)
- Diane Reed (AR) Combination Therapy for Full-Thickness Wounds Utilizing an ORC/Collagen Matrix Dressing and Negative Pressure Therapy
- Kathy Whittington (TX) National Pressure Ulcer Prevalence and Incidence Study: Five Years of Data

Janet M. Davis

**South Central Region
WOCN**

SCR WOCN
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2618 Ferry Landing
Sugar Land, TX 77478

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Fax: 713-792-3129 (W)

Email:

sbrunello@mdanderson.org



Wound, Ostomy, Contenance Education Programs

**The University of Texas M.D.
Anderson Cancer Center Wound,
Ostomy, Contenance Nurse Education
Program (WOCNEP)**

UT M.D. Anderson Cancer Center
Attn.: Shirley Woolems (Unit 163)
1515 Holcombe Blvd., Houston, TX
77030-4009

Phone: (713) 745-0219/745-0216

Fax: (713) 745-0025

E-mail: swoolems@mdanderson.org or
cbellis@mdanderson.org

Program Director: Coni Ellis, MS, RN,
OCN, CWOCN; Program Co-Director:
Janet M. Davis, MSN, RN, APRN-BC,
CWOCN

8-Week Traditional Programs: **2004:**
1/12/04; 3/22/04; 9/13/04. **2005:**
1/10/05; 3/21/05; 9/12/05.

4-Week On-Site Houston Didactic/4-
Week Off-Site Clinical Program: Start
dates same as 8-week programs.

**Emory University Wound, Ostomy,
Contenance Nursing Education
Center (WOCNEC)**

The Emory Clinic, Room AT 732

Atlanta, GA 30322

Phone: (404) 778-4067

Email: cindy_strickland@emory.org

Center Faculty: Dorothy Doughty, MN,
RN, FNP, CWOCN and Janet M. Ramundo,
MSN, RN, CWOCN, CFNP

9-Week Traditional Program on-site:
3/1—4/30/05; **5-Week** Split-option pro-
gram—1/12—2/13/04; Distance Learning
Program—Ongoing.

*(Also, check the wocn.org website and
click on "Education" for more options.)*

**NP Reelected as President of
WOCNS**

Laurie McNichol, NP, was recently reelected president of the Wound, Ostomy, Contenance Nurses Society (WOCNS). McNichol has been a member of the society for 14 years and has served as president since 2001. She has also served as vice president and professional practice committee chairwoman.

WOCNS was founded in 1968 to represent nurses who manage and rehabilitate patients with conditions such as stomas, draining wounds, fistulas, vascular ulcers, pressure ulcers, neuropathic wounds, urinary incontinence, fecal incontinence, and functional disorders of the bowel and bladder. WOCNS sets guidelines for patient care and has more than 3,800 members.

From ADVANCE for Nurse Practitioners, Aug., 2003.



The FUTURE is here for the SCR!!!

**We're going on the web!!! Look
for the SCR to have a website in
2004—the Five Alive will be
produced on the website.**

**The Communications
Committee will be bringing this
innovation to you—**

Tammi Short, Five Alive Editor

&

Mary Surman, Webpage Master