

Five Alive

December, 2004

The Newsletter of the South Central
Region WOCN

South Central
Region
WOCN

Sailing on to 2005!

President's Message

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It's hard to believe that a year has gone by since Austin, Tx. Hosted the SCR fall conference. I have been looking forward to seeing many of you at the 2005 conference in Hot Springs, AR. Now, here we are congratulating the Arkansas Conference Planning Committee for all their hard work on this year's conference! Great job one and all. Stay tuned for the special post conference highlights in this edition of the Five Alive....

As stated above, another year has gone by and it is time to review what we have accomplished and visit where we are going. Your SCR Council members have been hard at work. I hope that all of you will take the time to congratulate the council members on the excellent work they have done on your behalf over the last year. I am very proud to have worked with them. I feel that we have accomplished much during FY 2004. Let's revisit what we have done.....

Our website was successfully launched earlier this year; truly a dream that has come to fruition. As we move forward, we have to leave some of the old ways of doing things behind. Our paper newsletter has done its duty, and, going the way of the dinosaur, has morphed into something new. The news of the SCR is now solely on the SCR website. Our web address is: www.scrwocn.org. Check it out! We still have a newsletter editor who receives all the news "fit to print", or rather, post on the website. Tammi Short is collecting, writing, and editing news for the website, then passes the news to our web chair, Mary Surman. She posts it to the web. We see the website as "one stop shopping", literally and figuratively. On the website, you can find your leadership, SCR information, bylaws and operations manual, as well as scholarship applications, UOA Youth Rally camp applications for counselors and attendees, NIWI application, and award nominations. We are diligently working (cont.

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2004 Conference Chairman

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Congratulations Debbie Fulmer!

*Debbie is the newly appointed
Scholarship Chair.*

The chair will coordinate the scholarship
application and awards process.

*Please join the Council in
congratulating Debbie!*

**Catch the Clinical Spotlight
on the website
www.scrwocn.org**

SCR Election Results Are In!

Congratulations to the newly
elected leaders of the SCR...

President—Kathy Murphy

Treasurer—Jill Conwill

**Nominations Chair—
Myra Varnedano**

**By-Laws/Operations Manual
Chair—
Jeanine Thompson**

*Thank you to Catherine Short for her
diligence in conducting this year's
nominations committee.*

President's Message

(cont.) toward an on-line application submissions, and that should be set up in the next few months. As for *literally* shopping, our on-line SCR store is up and running! We are putting the finishing touches to the store as we speak, but by the end of the year, all items available to purchase from the SCR will be photo inventoried and posted on the web-store. Purchasing items on the web site will go through Pay Pal, and our PR chair, Kim Stallo, will mail your purchases directly to your home.

Members at our regional business meeting at national conference in Tampa expressed an interest in funding more things with the resources that we currently have in our treasury. We have heard and responded. We are currently looking to help sponsor a person from our region to attend the Nurse in Washington Internship (NIWI). The information-packed meeting is being held in Washington, D.C. February 6-9, 2005. The deadline for registration is December 31, 2004. Scholarships are available on the National website. One thousand dollars was sent to the UOA Youth Rally camp to underwrite costs for this year's camp. The children that we pursued sending were unable to attend. Jean Smith, program coordinator, was thrilled to have the SCR sponsorship for this year's program. She asked that I pass along her thanks, and the gratitude of the UOA for the SCR's continued support. We are working on finding attendees and or counselors who would like to attend in 2005. We now offer the Beverly G. Hampton Scholarship twice yearly. This will ease costs incurred by two individuals from the SCR while attending the MD Anderson Cancer Center WOCNEP (see page 6). This year we also added a scholarship for poster presentations. Up to two \$250 scholarships will be given to a person or group who have a **non-funded** poster accepted for presentation at WOCN national conference.

The old phone tree concept has been resurrected and renamed the **Communication Tree**. I have charged the SCR council to contact members to find out what the membership thinks of our current slate of projects, and where members would like to see our region move toward. However, we have hit a stumbling block. The membership lists are not accurate, or we simply have received no word back from those we have contacted. People, we need to hear from you! The only way we can work for you is to work with you! We need you to do your part. What can you do?

- Check the on-line membership directory several times a year to ensure its accuracy.
- Change your email address with directory as soon as you change addresses, servers, jobs, etc.
- If you haven't received an email or snail mail in some form or fashion from region or national, contact the national office and check on your membership status, email address, regional or affiliate selection, etc. The longer you wait to act, the longer it will take to correct!
- *CALL US BACK! EMAIL US! The members of the SCR council and their contact information is listed on the website.*
- Be sure to choose your preferred regional affiliation when renewing your membership so that we will have you on our membership roll.

I don't think we honor each other or ourselves often enough. So many people out here are doing great things. With that thought in mind, I have instituted the SCR President's Award. This award is modeled after the national President's Award and is to be awarded to a person from the SCR who makes a meaningful impact in at least one of the three scopes of practice (wound, ostomy, continence), and/or to the professional practice of WOC nursing. This can be done in a clinical, administrative, educational, or industry venue. This award is for contributions over and above the day-to-day work of the WOC Nurse of the Year Award. Please see this edition of Five Alive for the first award recipient.

As the Hot Springs conference has drawn to a close, I look forward to another successful year for the SCR and to Sailing away on the Sea of Knowledge...SCR conference 2005!

I wish you all the best!

Kathleen M. Murphy, President, SCR

Convention Corner

IMMERSE YOURSELF

**Relax Retain
Rejuvenate**

The 30th Annual SCR Regional Conference was held in the splendor of Hot Springs, Arkansas, October 14th, 15th, and 16th. Hats off to the Conference Planning Committee for achieving its goals for us all to relax, retain, and rejuvenate! Molly Brethour and her fellow Arkansans welcomed us all to the "Valley of the Vapors". 110 attendees chose to participate this year.

Diane Smith began our celebration with the key note address, "How to Get What you Want and Like What You Get". A roar of applause echoed her message of realizing your worth and communicating it effectively every day of your life. The breadth of knowledge the speakers shared was invaluable! Claudia Parks-Miller provided great legal insight. Dr. Gray, as always, inspired and challenged us all to add to the evidence base of WOC nursing. Who can forget the music closing session? We all needed and received rejuvenation through Susan's songs and dance!

We applaud the planning committee's abilities to provide such a quality conference. The exhibit hall was exceptional. Thank you, too, to Kathy and Janet for providing the photo memories to commemorate the 30th SCR anniversary! My what memories there are!

We were honored to have Laurie McNichol join us in our celebration and provide us the latest news from National. Thank you to Kathy Murphy for the vision to make this happen. Kudos to the Healthpoint "Gangstas" for being superb auctioneers. We were thrilled to see Wild Bill welcome Laurie McNichol to the traditions of the SCR evening auction!

Here's to sailing next year—conference 2005!

Congratulations Kim Bookout- SCR WOCN of the Year, 2004!

Kimberly Rae Bookout of Dallas, Texas, was awarded the 2004 SCR WOCN of the year award at the annual SCR conference held in Hot Springs, Arkansas, in October. Kim has covered the full scope of WOC nursing including adult and pediatric patients in the acute care and homecare as well as clinic settings. She is an active researcher. She presented a poster presentation at the national conference in Tampa. She played a key role in the research benchmarking prevalence in 12 children's hospitals, assisting with research design, data collection and compilation and writing the publication. Kim actively shares with her peers speaking locally and nationally on WOC topics. She has lectured at UTMDACC WOCNEP for 3 1/2 years. She has served at the regional and national levels of the WOCN. We are very proud to add Kim to the list of very fine WOCN nurses who comprise the SCR WOCN of the year!

Also nominated for this prestigious award were:

Chris Baker, Lubbock, Texas, Sandi Brunello, Sugar Land, Texas, Sarah Shellenberger, Odessa, Texas, and Linda Taylor Ritchie, Bossier City, Louisiana.

Please join us in recognizing each of these outstanding nurses for their contributions to Wound, Ostomy, Continence Nursing!

Kimberly Stallo, Public Relations Chair

SCR President's Award 2004 Recipient— Kathleen McLane, MSN, RN, CPNP, COCN, CWCN

Kathy is a Pediatric Nurse Practitioner and WOC nurse at Texas Children's Hospital in Houston, TX. She has done benchmarking research on pressure ulcer relief in the pediatric population. Kathy participated in beta-testing on the Freedom VAC and T.R.A.C. pad system with KCI, she authored and co-authored articles in the special Pediatric focus of the JWOCN July/August 2004, published her research studies on pressure ulcer relief, and organized and presented several posters with focus in WOC nursing of the pediatric patient.

The week of the SCR conference, Kathy presented her poster on the Pediatric Prevalence Study at the Magnet Nursing Conference in California. Kathy has helped bring recognition of the WOC role to the forefront of the WOCN association and the pediatric community. She also serves as a member on the national Pediatric Subcommittee of the Clinical Practice Committee. Please join me in congratulating Kathy!

Submitted by : Kathy Murphy, President, SCR

Committee News

The following SCR members participate in the following WOCN committees. They, too, want to be able to communicate the needs of our membership.

Professional Growth Program (PGP) - Catherine Walsh reports that all PGP questions that go to the WOCNCB are addressed by the PGP Committee with rapid turn around. Please contact her with any questions at: Cmwalsh@utmb.edu

Continence Practice Committee— Tammi Short reports the committee is drafting a document that details guidelines for indwelling catheter standard of care. The committee's guidelines for Bladder Diary is currently undergoing expert review .

The Beverly G. Hampton Scholarship

Scholarship sponsored by the SCR honoring the ongoing work of Beverly G. Hampton. The scholarship is awarded twice yearly to two individuals from the SCR while attending the M.D. Anderson WOCNEP.

Applications are accepted in one of the following ways:

- before attending the program with an acceptance letter for that fiscal year from the WOCNEP
- while attending the program
- up to 3 months after graduating from the program

Contact Debbie Fulmer, Scholarship Chair, for more information.

LINK TO LEADERSHIP

Members of SCR....have you heard?

Link to Leadership is a valuable tool available to us on **www.wocn.org**.

This link provides direct communication with WOCN National. You can pose any question directly to the national office and receive an answer.

Job Opportunities for WOCN's!

Corpus Christi, TX: Christus Spohn Health System is seeking an Ostomy/Wound Care Specialist. The role of the WOCN includes clinical practice education, consultation, and research. The primary responsibility is direct and indirect application of clinical expertise to those patients with ostomies, pressure ulcers, and wound management problems. The selected candidate will coordinate and assist the patient/family in implementing the plan of care in attaining optimal physical, psychological, social and educational status. The specialist will have responsibility for the quality standards of nursing care for the specified patient population. Contact info: Human Resources 716 Ayers St., Corpus Christi, TX 78404, 361-881-3703 or 800-643-2609, or fax 361-883-6478; e-mail jaimetiefel@christushealth.org. Jobline 361-881-3752.

Clear Lake, TX: Cornerstone Hospital of Houston is seeking a full-time WOCN with at least 2 years wound care experience. Contact info: 709 E. Medical Center Blvd. Webster, Tx. 77598, 281-332-3322, or fax resume to 713-551-5673.

Longview, TX: Good Shepherd Medical Center, a 425-bed not-for-profit and private regional referral center, is seeking an experienced WOCN to lead their 3-WOCN team. GSMC offers a busy and competitive inpatient and outpatient service to patients from a 10-county area. The successful candidate will possess certification as a WOCN and at least 2 years experience in a hospital setting. Previous supervisory experience required. Employment package: highly competitive salary, benefits, including 401K-type retirement, sign-on and relocation allowance. Submit resume to: Nurse Re-

Norman, OK: Norman Regional Hospital is seeking to hire a "Wound & Ostomy Registered Nurse" - qualifications to include BSN, graduation from a WOCN Society accredited program, 2 yrs. previous RN nursing experience required, experience as a WOCN required, certification as a WOCN preferred, current Oklahoma RN license required. Schedule: Mon.-Fri./8-5/some off shifts with support groups. Contact info.: Sue Nicholson, RN, Nurse Recruiter, Norman Regional Hospital, 405-307-1591, snicholson@nrh-ok.com; www.normanregional.com.

Longview, TX: At Home Healthcare : Be part of our existing CWOCN team with AT HOME HEALTHCARE, with FT benefits, PTO and mileage reimbursement. Must be certified in Wound care. Prefer Home Health experience, but will train for qualified candidate. Contact info: Gina Chavez 903-525-3800; www.athomehealth.org.



**Prepare to Sail the Sea of Knowledge
SCR Conference 2005!**

**We're cruisin' to set sail from Galveston for CE's at sea!
October 22-27, 2005**

Aboard the Carnival Cruise Ship "Ecstasy"

View the conference slide show www.scrwocn.org



South Central Region WOCN

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Wound, Ostomy, Contenance Education Programs

The University of Texas M.D. Anderson Cancer Center Wound, Ostomy, Contenance Nurse Education Program (WOCNEP)
UT M.D. Anderson Cancer Center
Attn.: Shirley Woolems (Unit 163)
1515 Holcombe Blvd., Houston, TX
77030-4009
Phone: (713) 745-0219/745-0216
Fax: (713) 745-0025
E-mail: swoolems@mdanderson.org or cbellis@mdanderson.org
Also see MD Anderson's website—
www.mdanderson.org/departments/woundostomy

Program Director: Coni Ellis, MS, RN, OCN, CWOCN; Program Co-Director: Janet M. Davis, MSN, RN, APRN-BC, CWOCN

8-Week Traditional Programs: **2004:** 1/12/04; 3/22/04; 9/13/04. **2005:** 1/10/05; 3/21/05; 9/12/05.

4-Week On-Site Houston Didactic/4-Week Off-Site Clinical Program: Start dates same as 8-week programs.

Emory University Wound, Ostomy, Contenance Nursing Education Center (WOCNEC)
The Emory Clinic, Room AT 732
1365 Clifton Rd., NE

Atlanta, GA 30322

Phone: (404) 778-4067

Email: cindy_strickland@emory.org

Center Faculty: Dorothy Doughty, MN, RN, FNP, CWOCN and Janet M. Ramundo, MSN, RN, CWOCN, CFNP

9-Week Traditional Program on-site: 3/1—4/30/05; **5-Week** Split-option program—1/12—2/13/04; Distance Learning Program—Ongoing.

(Also, check the wocn.org website and click on "Education" for more options.)

WOCNs in Action (where your local group meets)

Austin, TX—Meets 2nd Wed. at 6:00 PM. Contact Karen Hollis @ (512)-324-1053.

Arkla-Tex—Meets 2nd Fri. of each quarter at 6:30 PM in Bossier City, LA. Contact Margaret Davis @ (318)-675-6924.

Biloxi, MS—Contact Paula Green @ (601) 288-4244.

Dallas, TX—Meets 2nd Thurs. of each month at 11:30 AM at Presbyterian Hospital Dallas in the Tenth Floor board room, 8200 Walnut Hill. Contact Presbyterian WOCN Dept. 214-345-5053

Northeast Texas WOCN—Meets

Longview-Tyler area. Contact Tammi Short @ (903) 297-2560.

Fort Worth, TX—Meets 1st Thurs. at 11:30 AM at the Klabzuba Tower. Contact Valerie Pemberton @ (817) 820-4970 (W).

Houston, TX—Meets 4th Wed. at the Rotary House at 11:30 AM. Contact Sheridan Myers @ (281) 564-2563.

Houston Northwest—Meets every 3rd Thursday of the month at 6PM. Contact: Pat Thompson, (W) 281-397-2799; (H) 832-484-8656; pat.thompson@tenethealth.com

Lafayette, LA—Meets 3rd Thurs. of each quarter at 6:30 PM. Contact Rita Hernandez @ (337) 981-4935.

Oklahoma City, OK—Meets 3rd Wed. of every other month on "on-call" basis

in the American Cancer Society office. Members will receive mailing notice of when meeting will be held. Contact Sharon Williams @ (405) 949-3770.

San Antonio, TX—Meets 3rd Wed. at the American Cancer Society at 4:30 PM. Contact Diane Rudolph @ (830) 336-3565 (H).

Please send any updates about your local WOCN group to Tammi Short. Send by US mail or by email to ettammi@aol.com.